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VICTORY! CANADA GOOSE ANNOUNCES THEY WILL GO FUR-FREE

by Rachel Sandler



This victory comes after years of determined campaigning by PETA, our international affiliates, and countless activists like you! PETA has kept pressure on the company to go fur-free by

holding dozens of demonstrations around the world, running ad campaigns, working with celebrities to speak out, becoming a shareholder to pressure the company from within, and much more.

We applaud the brand for making a commitment to no longer using fur from coyotes who were caught in painful steel traps, and we'll now place a moratorium on our



campaign while we work behind the scenes with the company over its use of down.

Over 500,000 supporters like you sent emails to Canada Goose, and hundreds of others called the company — all urging it to take this compassionate step forward. Thank you to everyone who helped make this victory possible! This was truly a team effort, with activists out in force week after week.

INSIDE.....

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- Poem by Donna Gataletto: "Pretty Little Girls"
- Poem by Richard Weiskopf: "Cats: Cleo and Allegra"
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- Recipes for Chocolate Lovers
- And MORE!

CULTURE IS NO EXCUSE!

by Diana Kozenyatko

Cultures around the world exploit animals for entertainment, food, a way of transportation, and fashion. This is no secret. However this has been done mindlessly over centuries just because it's all a part of people's cultures. And it's time for change! We have to speak up about this and raise awareness for peace and tranquility among cultures and not exploitation of innocent beings just because "it's part of their culture".

China normalized the Yulin dog meat market as a way of tradition with no thought on the harm this puts on innocent dogs. And America's rich are profiting off the horse racing industry by exploiting horses with drugs just to perform better because people are betting their money on it! The Latin community is also a big contributor to the problem as a means of entertainment.

A blog published by humane society titled "Taking on a Mexican Spectacle of Cruelty" highlights these practices. Men riding bulls goad the animals to chase

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People for Animal Rights (PAR) is a local grassroots organization dedicated to work for fundamental, nonviolent change to eliminate or reduce the oppression of non-human animals by humans. **PAR** also works to protect the earth, which sustains us all.

What does it mean to be a member?

According to our by-laws, a person is a member of **People for Animal Rights** when s/he agrees to our purposes as defined in the by-laws (as stated above) and has general agreement with **PAR**'s goals as stated in our membership brochure, which is summarized in the insert to this newsletter. The second requirement for membership is that the person be up-to-date on dues. See the enclosed insert for more membership information.

Questions/Comments? Write or call us:

People for Animal Rights

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Visit our Website: www.parcny.org

Find us on **(f)**People for Animal Rights of CNY

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THE DOG, THE CAT, AND THE DUCK

by Rob English



When my mother was seven years old, she and her six-year-old brother walked a few blocks to school every morning. They walked home at noon for lunch, then they walked back to school for the afternoon classes until it was time to walk home again. My mother's town of Oswego, New York was quieter in those days. Its

neighborhoods were more rural, and you could keep a duck for a pet, which my mother did.

The family also made a home for a dog and a cat, so the pet population at the house was three, and both times each day when my mother and her brother came walking home from school, the cat and the dog and the duck met them part way. The three animals would be waiting on the corner for the two children, and all five would walk home together, twice a day.

The duck, named Donald by the children, enjoyed his life at the house and his friendship with the dog and cat, but did not live as long as they did. His premature demise was brought about by the fact that he couldn't resist the juice of a neighbor's prized, backyard tomatoes. He would insert his beak into the fruit and suck out its insides such that when the neighbor picked a succulent-looking tomato for his dinner, the thing would collapse in his hand.

That scene is kind of funny to think of, actually, unless you're the neighbor who prepared the ground, planted and watered the seeds, and waited for weeks for them to bear fruit.

Eventually the gentleman caught Donald in the act of sucking his tomatoes and he complained to my grandmother and grandfather, who apologized and paid the man a few dollars for his loss. When the neighbor left, my grandparents reluctantly agreed that the best way to

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THE DOG, THE CAT... continued

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keep peace with the neighborhood would be to prepare a duck dinner that evening, with Donald as the main course. They did so, leaving just the dog and the cat to meet my mother and her brother at the corner late that afternoon.

"Where's Donald?", my mother asked when she got home. "He's dinner," my grandparents answered. Of course, neither my mother nor my Uncle would touch any of the meat that was once their beloved pet.

"All the more for us," my grandparents said, and ate their fill. "Give the bones to the dog and cat," my grandmother suggested to my grandfather, "They love duck meat". But when the animals came near Donald's remains, they caught his scent, and turned away and left the room.

The moral of this story, to me, is that animals do have feelings. The dog, the cat, the duck, the fish your sport-fishing neighbor told you don't feel pain, the polar bear nursing her cub, the mouse in the glue trap, the calf in the veal shed, and so on. They all feel pleasure and pain in their own way and some of them love their companions as much as we love ours.



I'm vegan, meaning I don't eat or wear animal products. I refuse to let my shopping money profit industries that ignore animals' physical and emotional pain. Fortunately, times are advancing and more and more people are beginning to live cruelty-free lives by turning to plant-free diets and faux fur and leather.

And my mother? She took in many stray cats and always had a beloved dog beside her, and she was as compassionate as the culture and education of her time allowed. My siblings and I lived under her roof for many years and enjoyed her cooking very much. It only occurs to me just now that she never served us duck.

Please Join PEOPLE FOR ANIMAL RIGHTS:

Use the white insert in this newsletter to sign up.

TWO DIFFERENT WAYS YOU CAN JOIN:



send a check or join online at: www.parcny.org

If you are already a member,

please see back page for an explanation of how you know when your yearly dues are due. *Thanks!*



MEAT AND AGRICULTURE ARE WORSE FOR THE CLIMATE THAN POWER GENERATION, STEVEN CHU SAYS

by Jeff McMahon, Senior Contributor, Forbes

The world has focused first on energy in its effort to stop greenhouse gas emissions, but former Energy Secretary Steven Chu puts agriculture at the top of his list of climate challenges — particularly animal agriculture.

The Nobel Prize winning physicist surveyed the world's carbon-polluting industries in a lecture at the University of Chicago, and he started with meat and dairy.

"If cattle and dairy cows were a country, they would have more greenhouse gas emissions than the entire EU 28," said Chu, who recently assumed the presidency of the American Association for the Advancement of Science.

"Just something to think about."

Chu lumped the greenhouse gas emissions from meat and dairy with other agricultural practices, such as fertilizer, and land-use changes, such as deforestation and soil disruption. He weighted the resulting greenhouse gases for lifetime and potency, showing that emissions from agriculture are a bigger problem than emissions from energy.

"Let me say it again: agriculture and land-use generates more greenhouse gas emissions than power generation."

Chu described the unnatural effects of industrial agriculture: what he called "oversexed corn" that devotes all its life energy to making giant kernels, pigs that gain 280 pounds in a matter of months, turkeys so breast-heavy they can't mate and must be artificially inseminated — a planet dominated by animals modified and raised and slaughtered to feed humans.

"Let me tell you how the carbon mass of animals is distributed," Chu said, referring to a recent study of

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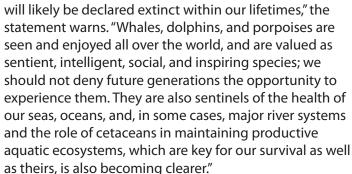
COMMERCIAL FISHING, CLIMATE CHANGE, POLLUTION THREATEN MORE THAN HALF OF THE WORLD'S WHALES, DOLPHINS, AND PORPOISES

by Nicole Axworthy, VegNews

In an open letter to global leaders, more than 300 cetacean experts warn of the imminent risk of extinction to these intelligent species.

More than half of the world's whale, dolphin, and porpoise populations face extinction threats because of harmful human activity such as incidental catch by fisheries, chemical and noise pollution, global warming, and ship strikes. Recently, more than 300 cetacean experts from more than 40 countries around the world signed an open letter to global leaders calling for action to address the situation. Without urgent action, the scientists predict the Northern Atlantic right whale and vaguita, among others, could vanish. Currently, 13 species are listed as critically endangered or endangered, seven as vulnerable, and seven as near threatened. Additionally, 32 subspecies and other cetacean populations are either endangered or critically endangered.

"The lack of concrete action to address threats adversely affecting cetaceans in our increasingly busy, polluted, over-exploited and human-dominated seas and major river systems, means that many [populations], one after another,



The scientists are calling on countries with cetaceans in their waters to take precautionary action, including fully research monitoring to observe and address activities at sea, addressing fishing-related threats through regional fisheries bodies, and that all nations work to strengthen international groups such as the International Whaling Commission and the Convention for the Conservation of Migratory Species of Wild Animals. ■



CATS: CLEO AND ALLEGRA

By Richard Weiskopf

A furry tail brushes my leg Cleo wants my attention The two -- just like children One devours my meal, the other, a dawdler, would allow hers to be eaten by the first if not restrained by a closed door.

back, she arches in ecstasy.

to "do something important."

The cats get to stay in out of the cold and wind, get fed, litter changed, everything done for them. Sometimes they sit at the window -- we say "cat TV." Their reality show: birds, butterflies, insects, lady bugs.

The real beneficiary is -- me! ■

November 7, 2007

Allegra rolls on her back inviting me to stroke her tummy. If I do, she'll feint at biting and scratching. When I pet her

Petting the cat gives me the gift of peace of mind, an intermission from mundane, worldly activities, the pressure

MEAT AND AGRICULTURE... continued

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Steven Chu, former U.S. Secretary of Energy, 1997 Nobel Prize winner in physics

biomass on earth. "Humans and the animals we eat are 96 percent of the carbon mass (of mammals) in the world."

He pointed at the smallest sliver on a chart. "That's all the buffalo and rats and mice and lions and tigers and bears: 4 percent."

Chu is not the first to suggest that experts underestimate the climate impact of animal

agriculture. Experts typically attribute about 15 percent of the world's carbon emissions to livestock, but the Worldwatch Institute audited that number in 2009 and found uncounted emissions that bring the livestock contribution to 51 percent.

The answer, to Chu, is biotechnology. He profiled fake meat—highlighting the brands Impossible Burger and Beyond Meat—and a symbiotic fertilizer technology.

Chu is a Stanford professor not only of physics—the field in which he won the 1997 Nobel Prize—but also

of molecular and cellular physiology. His lecture was hosted not only by the Energy Policy Institute of Chicago (for whom I sometimes host podcasts), but also by the Institute for Molecular Engineering. And his solutions to climate change reveal a bent for engineering and biotechnology.

"There are certain plants, legumes especially, that develop symbiotic relationships with the microbes in the soil. Can you get corn and train the microbes to interact with corn, so the corn actually looks upon the microbes as a source of nitrogen? The answer is, yes, you can."

Both fake meat and symbiotic fertilization have to become more cost effective, Chu said, before they can solve agriculture's climate problem. Of symbiotic fertilization he said:

"The question is does it make economic sense? One hopes yes. Once it makes good economic sense, then the farmers will adopt it. There's no legislation in the world that can tell a farmer what to do, so it's about offering a better choice."

CHOCOLATE CHIA SEED PUDDING

Recipe provided by Rob English

Delicious and healthy for dessert AND for breakfast! https://theprettybee.com/chocolate-chia-seed-pudding/

Prep Time: 5 minutes Fridge Time: 2 hours

Total Time: 2 hours 5 minutes

Servings: 3 Calories: 157 kcal Author: Kelly Roenicke

INGREDIENTS:

4 Tbsp. chia seeds

2 Tbsp. cocoa powder

2 Tbsp. maple syrup or date syrup

1 cup non-dairy milk

pinch of salt

dark cherries for on top (optional)

DIRECTIONS

- 1. Put the chia seeds and the cocoa powder in a mason jar and whisk together.
- 2. Add the non-dairy milk and maple syrup and stir to combine. Cover the bowl and refrigerate for 30 minutes.
- 3. After 30 minutes, stir the mixture with a spoon to break up any clumps of seeds. Return the mixture to the refrigerator.
- 4. Refrigerate for about 90 minutes or until the pudding is thick and spoonable. Spoon into serving cups and top with dark cherries if desired. Keep well in the refrigerator for up to three days.

Yum! ■

AMAZON SMILE

In addition to your regular dues and donations to PAR there is an effortless way to do more. When you shop Amazon Smile you can designate PAR as the recipient of a percentage of your purchase. Thank you! ■

WHAT YOU CAN DO WITH HELD ON TO LEATHER, WOOL, SILK **AND NON-VEGAN ITEMS**

by Diana Kozenyatko

So you went vegan and still might have non-vegan products. To be completely honest, I still have leather and wool products that I have been holding on to. Of course I don't wear them because it makes me uncomfortable. However, recently I have learned how to put non-vegan products to the best use instead of letting them collect dust in my closet.

1. Donate to a Bird Sanctuary What they do is upcycle and turn boots into homes for birds and bird feeders.





2. Donate to Animal Shelters

Good items to donate to your nearby animal shelters would be silk, wool, and suede blankets/pillows

or rugs. Maybe you happen to have nonvegan cans of food hanging around. You can also donate those to animal shelters.





3. Donate Personal-Care Items to Women's Shelters (suggested by PETA)

Maybe you happen to have unopened sunscreen or makeup that isn't cruelty free. Consider donating to a local women's shelter. They can go a long way toward helping women who are in a crisis, regain their confidence, especially when it comes time for job interviews.



4. Trade it Into the Wulyx Movement

The Wulyx movement is a trade up program that takes only non-vegan products like jackets, coats, and fur items. These are upcycled and distributed to animal rehabilitation centers where the fur is used to comfort orphaned or injured animals.

5. Donate to Homeless Shelters

Homeless shelters will take coats, pillows, blankets, and even canned goods. So do your part, and donate those non-vegan items to put them to the best use. ■



ONE MILLION ACTIVISTS PUSH **EUROPEAN COMMISSION TO BAN CAGED ANIMAL FARMING**

by Liam Pritchett, LiveKindly

The European Commission is moving forward on a caged animal farming ban. This follows a landslide vote by the European Parliament Committee prompted by 1.4 million EU citizens.

The European Commission just announced that it will propose legislation for a caged animal farming ban. The Commission has said the legislation will be presented in 2023, but that caged animal farming would not be fully phased out until 2027 (the final deadline suggested by the European Parliament last month).

Once outlined, parliament and all 27 of the EU's individual governments must agree on the legislation, and each country will be responsible for enforcing the ban independently.

As per Reuters, EU Health Commissioner Stella Kryiakides said: "Animals are sentient beings and we have a moral, societal responsibility to ensure that on-farm conditions for animals reflect this."

A non-binding resolution was first announced on June 10, 2021 after the European Parliament Committee voted overwhelmingly in favor of a caged animal farming ban — 558 votes for, 85 abstaining, and just 37 against.

The committee called this vote in response to a petition titled "End the Cage Age," led by Compassion in World Farming (CIWF) and signed by 1.4 million EU citizens and a total of 170 organizations, from all 27 member states.

As per the European Citizens Initiative, the European Commission has now officially responded to the European Parliament Committee's calls to phase out the practice, along with the force-feeding of ducks and geese for foie gras.

"It feels like one of these moments in history when the tide is turning. The animal advocacy movement succeeded in rattling the cage and planting the seeds of a new era," said Olga Kikou, head of CIWF's EU office.

Why Ban Caged Farming?

Caged farming, a form of intensive animal agriculture or factory farming, involves the confinement of creatures in cages for the sake of increased profits and ease of management. Four Paws, one of the petition's signatories, says that in Europe alone "hundreds of millions of animals" spend their lives in cages.

In an extract from the debate, German MEP and European People's Party member Norbert Lins said: "It is a question of striking the right balance. So in 2027, we're suggesting that's a possible date that should be explored

CHOCOLATE BROWNIE GRANOLA

Recipe provided by Diana Kozenyatko

INGREDIENTS:

3 cups of rolled oats

¹∕₃ cup cacao powder

½ cup maple syrup

¼ cup coconut oil

½ cup almond butter or peanut butter

½ cup of walnuts or any choice of nut

DIRECTIONS:

- 1. Set oven to 350 degrees
- 2. Start off by mixing dry ingredients together: oats, nuts, and cacao powder in one bowl.
- 3. Next combine all wet ingredients: maple syrup, nut butter, and coconut oil (make sure coconut oil is not in one big chunk, to soften it set in microwave for 30 seconds).
- 4. Start to combine wet ingredients with dry ingredients slowly while stirring everything together.
- 5. After everything is mixed, put parchment paper on a baking pan.
- 6. Start to put your granola mix on pan, flattening it out so it all bakes evenly.
- 7. Bake for 25 to 30 min and make sure to let cool and harden for at least 30 min when you take your granola out of the oven.

Enjoy! ■

PRETTY LITTLE GIRLS

by Donna Gataletto

Pretty little girls, brown beige and black

Pretty little girls, who really like to snack

Pretty little girls, you know you don't ever have to go back



Pretty little girls, play time is only at night

Pretty little girls, right now you're out of sight

Someday you will come into your own then you'll realize this is your permanent home

Pretty little girls, Callie and Kelly

Pretty little girls, a bonded pair they be

At night they run and play racing through the tunnels with glee

They forget that they are scared as they roam the house carefree

Pretty little girls, such a lovely pair

Pretty little girls, make the most and be aware

Of all the love that surrounds you here

Enjoy the food and toys let your fears disappear

Pretty little girls, Pretty little girls, Pretty little girls ■

ONE MILLION ACTIVISTS... continued

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to end the cage age." He added that those involved in the industry will need both incentives and compensation.

According to Kyriakides, the European Commission is also considering a request to apply the same welfare standards to imported animal products, which would encourage similar legislative updates outside of Europe for countries that wish to trade.

"Our rules need to change," Kyriakides told gathered MEPs during the debate. "That is a very clear call from our citizens." She added that the Commission will push through the ban "as soon as feasible," after looks into the requests with "a science-based approach."

Is The Industry Moving Away From Cages?

Attitudes to animal welfare are changing rapidly, and both consumers and companies are distancing themselves from caged animal farming (whether for eggs or for fur).

In the U.S., Colorado, Michigan, Oregon, Washington, Massachusetts, and California have all passed state-wide cage-free farming laws. While the EU itself has already banned barren cages (those without perches) in favor of enriched cages. However, enriched cages are typically still far too small for the animals to engage in normal behaviors such as dust bathing.

While caged hens experience a level of discomfort that the majority of free-range animals do not, there are also too many shared ethical issues to consider the latter cruelty-free. According to the Humane Society, these issues include both cruel practices and a short life; a perspective shared by many.

Fortunately, the vegan egg industry is growing fast, with plant-based alternatives to traditional eggs getting more realistic, widely available, and specific by the day. The same also applies to fur, with luxury department store Neiman Marcus the latest of many to completely ditch animal-based fur in favor of vegan alternatives.

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NOTE TO ORGANIZATIONS: We do not expect any contribution for you to remain on our mailing list, but we would appreciate receiving your newsletter in exchange.

Why not check your address too? If you've moved, send us your new address and phone(s) so we don't have to spend extra money and time accepting return newsletters with those yellow stickers providing (sometimes) a forwarding address. Then we must collect and re-send the newsletters with those nasty stickers! Thanks very much!



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CULTURE IS NO EXCUSE! continued

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horses in arenas. The bulls charge at the horses, injuring and eviscerating them. The horses, their guts hanging loose, die a slow and painful death even as cheering crowds, including children, watch. Off the bat we are demonstrating this for children and teaching them it's fine to exploit animals and use them for entertainment because "it's part of our culture". Nonetheless this is prevalent in every culture: the exploitation of animals and even activities centered around animals that are



looked upon as fun. From fish pedicures, where fish are starved beforehand so they are sure to nibble on your

feet. Dolphin shows around the world, where dolphins are held captive in small tanks away from their natural habitat. And even animal rides are all part of the problem. I could list off so much more harm cultures cause towards animals, but that would turn this article into a book. You get the point: animals are used as commodities among

the world instead of sentient beings who also need a loving home with no abuse, just like you and I.

Sure, I can point fingers at every culture around the world, get mad, and call it a day. However, that won't



solve anything. What will solve this issue is spreading awareness and speaking up about change. Below is a website for a petition I have made that you can sign. After you sign the petition, please share on social media, like facebook, to get the conversation going about change in cultures against the exploitation of innocent beings!

Petition Website: please feel free to share! https://www.thepetitionsite.com/735/886/400/ take-a-stand-on-cultures-exploiting-animals-/#published